

ERGONOMIC GUIDELINES FOR COMPUTER REMOTE WORK DUE TO THE COVID-19 CRISIS. RECOMMENDATIONS FOR THE EMPLOYER

Royal Decree-Law 8/2020 of 17 March 2020 on extraordinary urgent measures to address the economic and social impact of COVID-19, as well as Royal Decree-Law 15/2020 of 21 April on additional urgent measures to support the economy and employment, both prioritise remote work, with the aim of ensuring that business and employment relationships take place with a certain level of normality.

This situation will continue until the exceptional health status created by the COVID-19 pandemic is restored and the National Institute for Safety and Health at Work has drawn up [this document](#) to ensure that the work is carried out in the best possible conditions of safety and health.

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